



## **Hakuba Wadoryu - 9th Kyu Syllabus. Red Belt**

During 9th & 8th Kyu Gradings all terminology & commands will be spoken first in Japanese followed by English.

7th Kyu and upwards all terminology & commands will be in Japanese.

### **9th KYU 九級**

Commands on this grading will be given first in Japanese then in English.

DOJO-KUN (Recited in Japanese and English), as with ALL proceeding grades. For 9th Kyu, you will also be tested on correct traditional Wado-ryu belt-tying technique (Hon-Musubi). 本結び

KIHON-WAZA (Fundamental techniques)

Performed from Junzuki-dachi.

1. Jodan-uke: *Head block.*
2. Chudan-soto-uke: *Body outer block.*
3. Chudan-uchi-uke: *Body inner block.*
4. Gedan-barai: *Lower body sweeping block.*

Performed from Hanmi-gamae.

1. Jodan-tsuki: *Head snap-punch.*
2. Uraken-uchi-jodan: *Head back-fist strike.*
3. Maegeri-chudan: *Body front kick.*
4. Surikomi-maegeri-chudan: *One step body front kick.*
5. Mawashigeri-chudan: *Body round-house kick.*
6. Surikomi-mawashigeri-chudan: *One step body round-house kick.*

DOJO-KUN 道場訓

Japanese - Phonetic  
Translation

REISETSU-O-MAMORI - *Ray sets o ma-mory*  
Stick to the rules of the Dojo.

SHINGI-O-OMANJI - *Shin gee o oman jee*  
Be loyal to your Instructor.

JOJITSU-NI-OBBERESU - *Joe jitsu nee obberezu*  
Students and Instructors are not all one; never take advantage of his friendship.

SHINKENMI-NI-TESSEYO - *Shin ken mee nee tesseyo*  
Be serious in your efforts